



FRESH IN SEASON CHART

Available
Limited Supply
Not Available

FRESH Product	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Amberjack	Light	Light	Light	Light	Light	Dark	Dark	Dark	Light	Dark	Light	Light
Amberines	Light	Light	Light	Light	Dark	Dark	Dark	Light	Dark	Dark	Dark	Light
Anchovies	Light	Light	Light	Light	Light	Dark	Dark	Dark	Light	Light	Light	Light
Arctic Char, Farmed	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark
Arctic Char, Wild	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Belt Fish	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Black Bass	Light	Light	Light	Light	Dark	Dark	Dark	Dark	Dark	Light	Dark	Light
Black Cod /Sablefish - Wild	Light	Light	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Light
Bluefish	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark
Blue Runner	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Bonita	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Butter Fish	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Catfish, Farmed	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark
Chiller / Sennett	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Chilean Sea Bass, Patagonian Toothfish *PF	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark
Clams, Cherrystone	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark
Clams, Littleneck	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark
Clams, Manila - Farmed	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark
Clams, Pasta - Farmed	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark	Dark
Cobia, Farmed	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Cod, Atlantic	Light	Dark	Dark	Dark	Light	Dark	Dark	Dark	Dark	Dark	Dark	Dark
Cod, Pacific Fresh	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Corvina	Light	Light	Light	Light	Dark	Dark	Dark	Dark	Dark	Light	Light	Light
Crab, Blue *Live	Light	Light	Light	Light	Light	Light	Dark	Dark	Dark	Light	Light	Light
Crab, Dungeness *Live	Dark	Dark	Dark	Dark	Light	Light	Light	Light	Light	Light	Light	Light
Crab, King Gold/Brown *Live	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Crab, King Red *Live	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Crab, Snow *Live	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Crab, Soft Shell *Live	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light
Crab, Stone - Florida Claws	Dark	Dark	Dark	Dark	Light	Light	Light	Light	Light	Light	Dark	Dark
Croaker	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light	Light

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Doctor Fish												
Eel, Conga												
Escolar												
Flounder, Atlantic												
Fluke/Lemon Sole												
Goat Fish												
Grouper, Black												
Grouper, Red												
Grouper, Scampi												
Grouper, Snowy												
Grouper, Strawberry												
Grouper, Warsaw												
Grouper, Yellow Edge												
Grunts, Black Snapper												
Haddock, Canadian, Icelandic												
Halibut, Atlantic												
Halibut, Pacific												
Kingfish												
Lake Perch, Yellow												
Lobster, Canadian Hard Shell												
Mackerel, Atlantic												
Mackerel, Spanish												
Mahi Mahi												
Margarate, Jolt Heads												
Marlin, Blue												
Moon Fish												
Monkfish												
Monkfish Liver												
Mulletts, Black												
Mulletts, Red												
Mussels, New Zealand *Live												

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Mussels, PEI	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Opah	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Oysters West Coast	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available
Oysters, East Coast	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Available	Available	Available	Available	Available
Pacific Snapper / Rockfish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Parrot Fish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Pickarel / Walleye	Limited Supply	Limited Supply	Available	Available	Available	Available	Limited Supply	Limited Supply	Available	Available	Available	Limited Supply
Plaice, Icelandic	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Pollock/Alaskan	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Pollock/Boston Blue	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Pompano	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Porgy	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply
Prawns, Spot - *Live BC	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Redfish	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Salmon, Atlantic - Farmed	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Salmon, Coho - Farmed	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Salmon, Coho - Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply
Salmon, Keta/Chum - Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Salmon, Pink - Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Salmon, Red Spring/King/Chinook - Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply
Salmon, Sockeye - Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply
Sardines	Available	Available	Limited Supply	Limited Supply	Available	Available	Available	Available	Available	Available	Available	Available
Scallops, Bay	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Scallops, Sea	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sea Bass, European Branzini	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sea Bream, European Orata	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sea Urchin, Uni, Live	Available	Available	Available	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available
Skate	Limited Supply	Limited Supply	Available	Available	Available	Available	Available	Available	Available	Available	Limited Supply	Limited Supply
Smelts, Lake	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Smelts, Sea	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available
Snapper, American Red	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available

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Snapper, B. Liner	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Snapper, Lanes	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Snapper, Pink	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sole, Pacific - Dover, Rock, Petrale	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Striped Bass, Wild	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Striped Bass, Farmed	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sturgeon, Farmed	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Swordfish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Tilapia, Farmed	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Tilefish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Trout, Lake Wild	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Trout, Rainbow Farmed	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Tuna, Albacore	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Tuna, Yellowfin	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Turbot	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Whitefish, Lake	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Whiting/Hake	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Wolffish - Lup de Mer	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Wreckfish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Winkles	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available

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