



a Fresh Catch Today for Tomorrow's Oceans®



Seacore Seafood Inc.

81 Aviva Park Drive, Woodbridge, ON L4L 9C1

905.856.6222

orders@seacore.ca

seacore.ca

# SUSTAINABLE FISH & SEAFOOD

		Origin/Wild or Farmed	Harvest/Catch Method	Item No.	Green SeaChoice	Yellow SeaChoice	Ocean Wise	MSC/ASC Certified	UM
ARCTIC CHAR FIL 10-20 oz YUKON	FRESH 10LB PBO ICY WATERS	Canada / Farmed	Land-based	108681	G	O			LB
ARCTIC CHAR FIL ICELAND PBO	FRESH 10 LB 8oz-UP FARMED	Iceland / Farmed	Land-based	108810	G	O			LB
ARCTIC CHAR WHOLE 2-4 DRSD	FRESH ICY WATERS 50 LB/TW S/S	Canada / Farmed	Land-based	108601	G	O			LB
BARRAMUNDI FILLETS	BY/LB HOUSECUT CERTIFIED	U.S.A. / Farmed	Land-based	120080	G	O			LB
BARRAMUNDI FILLETS 12oz-UP	10LB SK-ON AUSTRALIS VIETNAM	Vietnam / Farmed	Land-based	120084	G	O			LB
BARRAMUNDI PORTIONS 6oz	IVP 26pc/CS AUSTRALIS VIETNAM	Vietnam / Farmed	Land-based	120215	G	O			EA
BARRAMUNDI 340g (2x6oz) PRT	20/CS OCEANPRIME VIETNAM	Vietnam / Farmed	Land-based	120216	G	O			EA
BARRAMUNDI WHOLE 600-800g	FRESH AUSTRALIS 25LB FARM USA	U.S.A. / Farmed	Land-based	120165	G	O			LB
BLACK COD FILLET WILD	*SABLE* BY/LB CANADA	Canada / Wild	Bottom Longline	145200	Y	O			LB
BLACK COD FILLETS VP IQF	10KG/22.05 LB SKIN-ON W175	Canada / Wild	Bottom Longline	145250	Y	O			LB
BLACK COD J-CUT 9LB UP IQF	#1 FAS LONG-LINE 50LB B.C.	Canada / Wild	Bottom Longline	145320	Y	O			LB
BLACK COD PORTION 4oz SKIN-ON	CS 40PC WILD PBO IQF CANADA	Canada / Wild	Bottom Longline	145227	Y	O			EA
BLACK COD PORTION 5oz SKIN-ON	CS 32PC WILD PBO IQF CANADA	Canada / Wild	Bottom Longline	145225	Y	O			EA
BLACK COD PORTION 6oz SKIN-ON	CS 26PC WILD PBO IQF CANADA	Canada / Wild	Bottom Longline	145222	Y	O			EA
BLACK COD WHOLE H&G WILD	FRESH PF BY/LB	Canada / Wild	Bottom Longline	145360	Y	O			LB
BLACK COD/SABLEFISH 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Bottom Longline	145410	Y	O			EA
CATFISH FILLET 5-7 oz	FRESH 10 LB	U.S.A. / Farmed	Land-based	242520	G	O			LB
CATFISH FILLET 6-12 oz	FRESH 10 LB	U.S.A. / Farmed	Land-based	242640	G	O			LB
CATFISH FILLET CAJUN	FRESH ** 10 LB	U.S.A. / Farmed	Land-based	242680	G	O			LB
CATFISH FILLET LEMON PEPPER	FRESH 10 LB	U.S.A. / Farmed	Land-based	242880	G	O			LB
CATFISH FILLET GRND *WF*	FRESH 10 LB *ALL NATURAL* USA	U.S.A. / Farmed	Land-based	242906	G	O			LB
CAVIAR HERRING / MULLET 50g	12/CS SPAIN (K) MUJOL SHIKRAN	Spain / Wild	Puse Seine	243300	Y				EA
CAVIAR STURGEON GREEN 30g FARM	NB ACADIAN STURG. *WHITE LABEL	N.B. / Farmed	Land-based	243585		O			EA
CAVIAR NORTHERN DIVINE 30g	EACH B.C. STURGEON	Canada / Farmed	Land-based	243590	G	O			EA
CAVIAR NORTHERN DIVINE 50g	EACH B.C. STURGEON	Canada / Farmed	Land-based	243594	G	O			EA
CAVIAR ACADIAN STURGEON 125g	EACH N.B. STURGEON	Canada / Farmed	Land-based	243596	G	O			EA
CAVIAR STURGEON GREEN 30g FARM	NB ACADIAN STURG. *WHITE LABEL	Canada / Farmed	Land-based	243585	G	O			EA
CAVIAR PLATINUM W.C. 30g	EACH FRASER STURGEON BLACK	Canada / Farmed	Land-based	243591	G	O			EA
CAVIAR SALMON CHUM 100g	12/CS #1A IKURA WCS CANADA	Canada / Wild	Gill Net / Troll	243287	Y	O			EA
CAVIAR SALMON CHUM 24x500g	#1 IKURA Wild Canada	Canada / Wild	Gill Net / Troll	243280	Y	O			EA
CAVIAR SALMON CHUM 12x1kg	#1 IKURA Wild Canada	Canada / Wild	Gill Net / Troll	243240	Y	O			EA
CAVIAR WHITEFISH GOLDEN	FRESH 125 G	Canada / Wild	Gill Net / Troll	243320	Y	O			EA
CLAM MEAT 300-500p/k 10x2.21LB	22.05LB IQF CKD OceanPrime	China / Farmed	Cultured	269200	G	O			LB
CLAM WH-CKD 15-25pLB **TOS**	12x2x500g	China / Farmed	Cultured	270560	G	O			EA
CLAMS PASTANECK 10 LB	FRESH BAG FARMED USA CS-	U.S.A. / Farmed	Hand Harvested	270201	G	O			LB
CLAMS LITTLENECK 5 LB	CASE FRESH USA	U.S.A. / Wild	Dredge	269755	Y	O			LB
CLAMS CHERRYSTONE 5 LB	FRESH RHODE ISLAND, USA	U.S.A. / Wild	Dredge	269602	Y	O			LB
CLAMS SAVOURY 5 LB	BAG LIVE FARMED BC CANADA	Canada / Farmed	Cultured	270208-bc	G	O			LB
CLAMS MANILA 10 LB	BAG LIVE BC CANADA	Canada / Farmed	Cultured	269923-BC	G	O			LB
CLAMS STEAMER FRESH -- WILD	10 LB BAG	U.S.A. / Wild	Dredge	270210	Y	O			LB
CLAM GEODUCK	FRESH/FROZEN BY/LB	U.S.A. / Farmed	On-bottom Culture	270215	G	O			LB
COD FILLET PACIFIC *MSC*	10 LB CASE ALASKA	Canada / Wild	Bottom Longline	277890	Y	O	M		LB
COD FILLET PACIFIC S/P 8-32oz	FZ 3x15LB MSC* CERTIFIED	Canada / Wild	Bottom Longline	277835	Y	O	M		LB
COD ICELANDIC FILLET 16-32oz+	FRESH 10 LB CASE MSC-C-51042	Iceland / Wild	Bottom Longline	277904	Y	O	M		LB
CRAB CLAW JONAH TRIPLE SCORED	4x5LB IQF OCEANPRIME USA	U.S.A. / Wild	Trap	717745	Y	O			LB
CRAB CLUSTER 8-10oz #1 30 LB	SNOW, CANADA	Canada / Wild	Trap	717520	Y	O			LB
CRAB DUNGENESS WHOLE 1.5LB-up	30LB COOKED - BORNSTEIN	Canada / Wild	Trap	351360	Y	O			LB
CRAB DUNGENESS CLUSTERS MSC	20LB CS ALASKA MSC-C-51042	U.S.A. / Wild	Trap	351380	Y	O	M		LB
CRAB DUNGENESS CLUSTERS 500g	15/CS ALASKA MSC-C-51042	U.S.A. / Wild	Trap	351385	Y	O	M		EA
CRAB LEGS 04-7 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	635440	Y	O			LB
CRAB LEGS 06-9 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	635520	Y	O			LB
CRAB LEGS 09-12 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	635640	Y	O			LB
CRAB LEGS 12-14 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	635800	Y	O			LB

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This is a summarized list of sustainable seafood options.

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CRAB LEGS 14-17 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	635920	Y O	LB
CRAB LEGS 16-20 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	636040	Y O	LB
CRAB LEGS 20-24 Red King CS	Whole 20 LB - INTERSEA/ODYSSEY	U.S.A. / Wild	Trap	636120	Y O	LB
CRAB LEGS 20-UP Red King CS	Whole 20 LB - INTERSEA	U.S.A. / Wild	Trap	636275	Y O	LB
CRAB LEGS 20-24 GOLD *SPLIT*	10LB OceanPrime	U.S.A. / Wild	Trap	635325	Y O	LB
CRAB LIVE DUNGENESS	FRESH	Canada / Wild	Trap	299120	Y O	LB
CRAB MEAT COMBO SNOW 12x200g	Luxury - #1048005	Canada / Wild	Trap	718000	Y O	EA
CRAB MEAT DUNGENESS 5 LB *TIN*	FROZEN COOKED #1	Canada / Wild	Trap	351281	Y O	LB
CRAB MEAT SALAD SNOW 6X5 LB	LUXURY CANADA	Canada / Wild	Trap	718010	Y O	LB
CRAB MEAT IMITATION Flake 680g	20/CS APO VP OceanPrime China	China / Wild	Midwater Trawl	299260	Y O M	EA
CRAB CLAW STONE FLORIDA IQF	454g WILD USA OCEANPRIME	USA / Wild	Trap	760360	G O	BG
CRAB STONE CLAWS * MEDIUM *	FRESH BY/LB FLORIDA COOKED	USA / Wild	Trap	299685	G O	LB
CRAB STONE CLAWS * LARGE *	FRESH BY/LB FLORIDA COOKED USA	USA / Wild	Trap	299683	G O	LB
EURO BASS FILLETS FRESH	NW BY/LB BRANZINI GREECE	Greece / Farmed	Net Pens	363620	Y	LB
EURO BASS WHOLE *S&G* 450g	FRESH *SCALED/GUTTED* GREECE	Greece / Farmed	Net Pens	363640	Y	LB
EURO BASS WHOLE 400-600g CS	FRESH 22.05LB BRANZINI GREECE	Greece / Farmed	Net Pens	363561	Y	LB
GROUPEL WHOLE BLACK	FRESH USA	USA / Wild	Handline	414440	Y O	LB
GROUPEL FILLET BLACK	FRESH NW USA	USA / Wild	Handline	413840	Y O	LB
HADDOCK FILLET 6-8oz IQF 10LB	CANADA MSC-C-51042	Canada / Wild	Bottom Longline	414760	Y M	LB
HADDOCK FILLET *MSC* CANADA	FRESH 10 LB CASE MSC-C-51042	Canada / Wild	Bottom Longline	415180	Y M	LB
HADDOCK ICELANDIC FILLET 10oz+	FRESH 10 LB CASE MSC-C-51042	Iceland / Wild	Bottom Longline	415175	Y M	LB
HADDOCK PORTION 454g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Bottom Longline	414740	Y O M	EA
HALIBUT FILLET WEST COAST	FRESH WILD NW CANADA	B.C. Canada/Wild	Bottom Longline	418120	Y O	LB
HALIBUT *MSC* FILLET	WILD CANADA MSC-C-51042	B.C. Canada/Wild	Bottom Longline	418210	Y O M	LB
HALIBUT *BELLY OFF* MSC FILLET	CANADA MSC-C-51042	B.C. Canada/Wild	Bottom Longline	418170	Y O M	LB
HALIBUT FILLET *SKINLESS*	FRESH WILD NW CANADA	B.C. Canada/Wild	Bottom Longline	418160	Y O M	LB
HALIBUT *MSC* FILLET S/ON IQF	CS VP 30LB USA MSC-C-51042	B.C. Canada/Wild	Bottom Longline	418260	Y O M	LB
HALIBUT 2.75oz **MOLDED**	56PCS/CS PORTIONS ALASKA	Alaska, U.S.A./Wild	Bottom Longline	418402	Y O M	EA
HALIBUT 2.75oz BIAS CUT IQF	56PCS/CS PORTIONS ALASKA	Alaska, U.S.A./Wild	Bottom Longline	418405	Y O M	EA
HALIBUT 3.75oz BIAS CUT SKLS	42/PCS/CS IQF PORTIONS ALASKA	Alaska, U.S.A./Wild	Bottom Longline	418408	Y O M	EA
HALIBUT 4oz MARKET CUT IVP	40PC/CASE PORTIONS ALASKA	Alaska, U.S.A./Wild	Bottom Longline	418411	Y O M	EA
HALIBUT 4oz PORTIONS IVP SL	40PC/CS SKINLESS ALASKA 10 LB	Alaska, U.S.A./Wild	Bottom Longline	418410	Y O M	EA
HALIBUT 5oz MARKET CUT PORTION	IVP 32pcs/CASE ALASKA	Alaska, U.S.A./Wild	Bottom Longline	418412	Y O M	EA
HALIBUT 6oz PORTIONS IVP SL	26PC/CS SKINLESS ALASKA 10 LB	Alaska, U.S.A./Wild	Bottom Longline	418414	Y O M	EA
HALIBUT 8oz PORTIONS IVP SL	20PC/CS SKINLESS ALASKA 10 LB	Alaska, U.S.A./Wild	Bottom Longline	418420	Y O M	EA
HALIBUT CHEEKS 10 LB	FROZEN WEST COAST CANADA	N.S. Canada/Wild	Bottom Longline	418404	Y O M	EA
HALIBUT FLETCH 1-3 LB IQF	ALASKAN 25LB FROZEN	Alaska, U.S.A./Wild	Bottom Longline	418270	Y O M	LB
HALIBUT FLETCH 3-5 LB IQF	ALASKAN 25LB FROZEN	Alaska, U.S.A./Wild	Bottom Longline	418275	Y O M	LB
HALIBUT FLETCH 5-8 LB IQF	ALASKAN 25LB FROZEN	Alaska, U.S.A./Wild	Bottom Longline	418320	Y O M	LB
HALIBUT FLETCH 8-16oz IQF	ALASKAN 25LB FROZEN	Alaska, U.S.A./Wild	Bottom Longline	418266	Y O M	LB
HALIBUT H&G 10-20 LB FRESH	**WHOLE** CANADA	B.C. Canada/Wild	Bottom Longline	418440	Y O	LB
HALIBUT *MSC* 10-20 LB FRESH	WILD WHOLE CANADA MSC-C-51042	B.C. Canada/Wild	Bottom Longline	418445	Y O M	LB
HALIBUT H&G 20-40 LB FRESH	**WHOLE** CANADA	B.C. Canada/Wild	Bottom Longline	418520	Y O	LB
HALIBUT H&G 10-50 LB FRESH	EAST COAST * WHOLE MSC-C-51042	N.S. Canada/Wild	Bottom Trawl	418480	M	LB
HALIBUT PORTIONS 340g IVP	10/CASE HOUSECUT RETAIL CANADA	B.C. Canada/Wild	Bottom Longline	418268	Y O M	EA
HALIBUT PORTIONS FRESH	NET WEIGHT SKIN-ON CANADA	Alaska, U.S.A./Wild	Bottom Longline	418560	Y O M	LB
HERRING FIL BISMARCK 3.75K	FEATURE	Canada / Wild	Purse Seine	420280	G O	EA
HERRING FIL BISMARCK 320g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	420330	G O	EA
HERRING FIL IN WINE 3.75K	FEATURE CANADA	Canada / Wild	Purse Seine	420360	G O	CS
HERRING FIL IN WINE 600g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	420440	G O	EA
HERRING FIL MATJES 240g	FEATURE 12/CS	Canada / Wild	Purse Seine	420520	G O	EA
HERRING FIL MATJES/ICELANDIC	FEATURE 4 KG	Canada / Wild	Purse Seine	420560	G O	CS
HERRING FIL ROLLMOP 3.75K	PAIL FEATURE	Canada / Wild	Purse Seine	420640	G O	CS

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					Green SeaChoice	Yellow SeaChoice	Ocean Wise MSC/ASC Certified	
HERRING FIL ROLLMOPS 320g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	420680	G	O		EA
HERRING LUNCH CUT 320g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	421200	G	O		EA
HERRING THICK CUT EURO 620g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	421220	G	O		EA
HERRING WHOLE PICKLED 620g	FEATURE 12/CS CANADA	Canada / Wild	Purse Seine	421460	G	O		EA
ICELANDIC SOLE/PLAICE FILLETS	10LB SKINLESS ICELAND 6oz-UP	Iceland / Wild	Seine Net/Gill Net	586500		Y		LB
KINGFISH FILLET	FRESH USA HOUSECUT CERTIFIED	U.S.A. / Wild	Hook & Line	444120	G	O		LB
KINGFISH STEAKS	FRESH BY/LB USA HOUSECUT CERT.	U.S.A. / Wild	Hook & Line	444080	G	O		LB
KINGFISH WHOLE	FRESH FLORIDA	U.S.A. / Wild	Hook & Line	444495	G	O		LB
LOBSTER LIVE 1 LB CHICKS	30 LB CASE CANADIAN	Canada / Wild	Trap	456240		Y		LB
LOBSTER LIVE 1.25 LB QUARTERS	30 LB CASE CANADIAN	Canada / Wild	Trap	456320		Y		LB
LOBSTER LIVE 1.50 LB HALF	30 LB CASE CANADIAN	Canada / Wild	Trap	456400		Y		LB
LOBSTER MEAT *BL* 6x2 LB*	Body & Leg, CDN Aquashell	Canada / Wild	Trap	456921		Y		LB
LOBSTER MEAT 16x8oz VP	Claw-Knuckle-Leg- OceanPrime	Canada / Wild	Trap	456760		Y		EA
LOBSTER TAIL 02-3oz CDN#1	10 LB CANADA	Canada / Wild	Trap	457400		Y		LB
LOBSTER TAIL 03-4oz CDN#1	10 LB CANADA	Canada / Wild	Trap	457360		Y		LB
LOBSTER TAIL 04-5oz CDN#1	10 LB CANADA	Canada / Wild	Trap	457720		Y		LB
LOBSTER TAIL 05-6oz CDN#1	10 LB CANADA	Canada / Wild	Trap	457845		Y		LB
LOBSTER TAIL 06-7oz CDN#1	10 LB CANADA	Canada / Wild	Trap	458005		Y		LB
LOBSTER TAIL 07-8oz CDN#1	10 LB CANADA	Canada / Wild	Trap	458120		Y		LB
LOBSTER TAIL 08-10oz CDN#1	10 LB CANADA	Canada / Wild	Trap	458250		Y		LB
LOBSTER TAIL 10-12oz CDN#1	10 LB CANADA	Canada / Wild	Trap	458365		Y		LB
LOIS LAKE STEELHEAD FIL *TRAY*	FRESH C/W KG * RETAIL PACK *	Canada / Farmed	Closed Containment	662069		O		KG
TROUT STEELHEAD LOIS LAKE FLT	10 LB T/W 1-3LB Size FARM BC	Canada / Farmed	Closed Containment	818203		O		LB
LOIS LAKE STEELHEAD PRT*SKLS	FRESH BY/LB SKINLESS B.C.	Canada / Farmed	Closed Containment	818204		O		LB
LOIS LAKE STEELHEAD FILL*SKLS*	BY/LB SKINLESS/BELLY-OFF B.C.	Canada / Farmed	Closed Containment	818206		O		LB
TROUT STEELHEAD 5-7oz LOIS LAKE	SKON-IVP 10 LB B.C. FARM CDN	Canada / Farmed	Closed Containment	818190		O		LB
TROUT STEELHEAD 7-9oz LOIS LAKE	SKON-IVP 10 LB B.C. FARM CDN	Canada / Farmed	Closed Containment	818194		O		LB
MACKEREL FILLETS - REGULAR	FROZEN 12 KG / 26.46 LB	U.S.A. / Wild	Gill Net	464130	G	O		LB
MACKEREL FILLETS	BY/LB NW HOUSECUT CERTIFIED	U.S.A. / Wild	Gill Net	464125	G	O		LB
MACKEREL GUTTED H/ON	FRESH NW HOUSECUT CERTIFIED	U.S.A. / Wild	Gill Net	463520	G	O		LB
MACKEREL WHOLE 400-600g	12kg/26.46 LB IQF	Iceland / Wild	Gill Net	463100	G	O		LB
WHOLE MACKEREL	FRESH ATLANTIC USA	U.S.A. / Wild	Gill Net	464120	G	O		LB
MACKEREL SPANISH FILLETS FRESH	BY LB USA	U.S.A. / Wild	Handline Caught	463845	G	O		LB
MACKEREL SPANISH MEDIUM	FRESH	U.S.A. / Wild	Handline Caught	463840	G	O		LB
MUSSEL *MAP TRAY 12/CS	FRESH 12x908g CANADIAN COVE	Canada / Farmed	Suspended Culture	484450	G	O		CS
MUSSEL *ORWELL COVE* 10LB	FRESH LARGE WYSE BAY PEI	Canada / Farmed	Suspended Culture	484200	G	O		LB
MUSSEL P.E.I. 10LB BAG	FRESH CULTURED CANADIAN COVE	Canada / Farmed	Suspended Culture	484141	G	O		LB
MUSSEL P.E.I. 25LB BAG	FRESH CULTURED CANADIAN COVE	Canada / Farmed	Suspended Culture	484131	G	O		LB
MUSSEL WC GALLO 10LB	BAG LIVE FARMED WSH USA	U.S.A / Farmed	Suspended Culture	484207-BC	G	O		LB
MUSSEL SALTSRING ISLAND	FRESH CULT. PROD OF BC 5LB BAG	BC Canada / Farmed	Suspended Culture	484250	G	O		LB
OCTOPUS 4-6 LB SPAIN CS	CASE 28 LB #1 POT CAUGHT	Spain / Wild	Pot Caught	496961		Y	O	LB
OCTOPUS T1 B.C. GIANT FROZEN	20-25 LB EACH OCEAN WISE	Canada / Wild	Trap Caught	496520	G	O		LB
OYSTER *10PC - FIVE STAR CASE	CS 10PC x 15BG MALPEQUE CHOICE	Canada / Farmed	Dredge, Tonging	516362	G	O		CS
OYSTER 100 CT - AVONLEA PETITE	CASE CHOICE FARM PEI 2.5-3"	Canada / Farmed	Dredge, Tonging	516230	G	O		CS
OYSTER 100 CT - BEAU SOLEIL	CASE CHOICE FARM NB 2.5"	Canada / Farmed	Dredge, Tonging	516240	G	O		CS
OYSTER 100 CT - BLACKBERRY PT	CASE CHOICE FARM PEI 3.5"	Canada / Farmed	Dredge, Tonging	516250	G	O		CS
OYSTER 100 CT - CASCUMPEC BAY	CASE CHOICE FARM PEI 3.25-3.5"	Canada / Farmed	Dredge, Tonging	516330	G	O		CS
OYSTER 100 CT - DAISY BAY	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge, Tonging	516341	G	O		CS
OYSTER 100 CT - GOOSEBERRY BAY	CASE CHOICE FARM PEI 2.5-3"	Canada / Farmed	Dredge, Tonging	516347	G	O		CS
OYSTER 100 CT - GREEN GABLES	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge, Tonging	516346	G	O		CS
OYSTER 100 CT - GLACIER BAY	CASE CHOICE FARM NB 2.5-3"	Canada / Farmed	Dredge, Tonging	516345	G	O		CS
OYSTER 40 CT - HUMMOCK ISLAND	CASE CHOICE FARM CT, USA 3-4"	U.S.A. / Farmed	Dredge, Tonging	516352	G	O		CS
OYSTER 100 CT - OLDE SALTS	CASE FARM VIRGINIA USA 2.75-3"	U.S.A. / Farmed	Dredge, Tonging	516461	G	O		CS

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		Origin/Wild or Farmed	Harvest/Catch Method	Item No.	Green SeaChoice Yellow SeaChoice Ocean Wise MSC/ASC Certified	UM
OYSTER 100 CT - PICKLE POINT	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge, TONGING	516410	G O	CS
OYSTER 100 CT - PINK MOON	CASE CHOICE FARM PEI 3.5-3"	Canada / Farmed	Dredge, TONGING	516412	G O	CS
OYSTER 100 CT-PRINCESS DELIGHT	CASE CHOICE FARM PEI 3-3.25"	Canada / Farmed	Dredge, TONGING	516415	G O	CS
OYSTER 100 CT - RAPPAHANNOCK	CASE FARM VIRGINIA USA 2.75-3"	U.S.A. / Farmed	Dredge, TONGING	516468	G O	CS
OYSTER 100 CT -RASPBERRY POINT	CASE CHOICE FARM PEI 3.5"+	Canada / Farmed	Dredge, TONGING	516470	G O	CS
OYSTER 100 CT - SAVAGE BLONDE	CASE CHOICE FARM PEI 3-3.5"	Canada / Farmed	Dredge, TONGING	516481	G O	CS
OYSTER 100 CT - SHEMOGUE SMALL	CASE CHOICE FARM NB 2.5-3"	Canada / Farmed	Dredge, TONGING	516390	G O	CS
OYSTER 100 CT - SOUTH LAKE	CASE CHOICE FARM PEI 3-4"	Canada / Farmed	Dredge, TONGING	516479	G O	CS
OYSTER 100 CT - WELLFLEET	CASE FARM CAPE COD USA 3-4"	U.S.A. / Farmed	Dredge, TONGING	516552	G O	CS
OYSTER 50 CT - KELLY GIGAS	CASE CHOICE FARM IRELAND 3"+	Ireland / Farmed	Dredge, TONGING	516558	G O	CS
OYSTER 12 CT - BEACH WEST C.	BAG JUMBO FARM BC 5-6"	Canada / Farmed	Dredge, TONGING	516913	G O	BG
OYSTER 60 CT - FRENCH KISS	CASE CHOICE FARM NB 3"+	Canada / Farmed	Dredge, TONGING	516665	G O	CS
OYSTER 60 CT - KUMAMOTO	CASE FARM WASHINGTON USA 2.5"+	U.S.A. / Farmed	Dredge, TONGING	516580	G O	CS
OYSTER 70 CT - GREEN GABLES	CASE CHOICE FARM PEI 4-5"	Canada / Farmed	Dredge, TONGING	516886	G O	CS
OYSTER 75 CT - *STANDARDS GG	CS FRM GREEN GABLES PEI 3-3.5"	Canada / Farmed	Dredge, TONGING	516887	G O	CS
OYSTER 30 CT - JERSEY ROCK	CS CHOICE FARM ENGLAND 3-3.5"	England / Farmed	Dredge, TONGING	516654	G O	CS
OYSTER 30 CT -WEST MERSEA ROCK	CS CHOICE FARM ENGLAND 3-3.5"	England / Farmed	Dredge, TONGING	516658	G O	CS
OYSTER 60 CT - EFFINGHAM	BAG CHOICE FARM BC 3-3.75"	Canada / Farmed	Dredge, TONGING	516930	G O	BG
OYSTER 12 CT - VILLAGE BAY	CASE 8x12PC RETAIL PACK NB	Canada / Farmed	Dredge, TONGING	516915	G O	EA
OYSTER SHUCKED WEST COAST 8 oz	12/CASE PLASTIC TUB	Canada / Farmed	Dredge, TONGING	517041	G O	EA
PATAGONIA SEA BASS 227g IVP	10/CS HOUSECUT RET. TOOTHFISH	France / Wild	Longline MSC Only	258095	Y O M	EA
PATAGONIA SEA BASS MSC FILLET	REFRESH FRANCE TOOTHFISH	France / Wild	Longline MSC Only	258140	Y O M	LB
PATAGONIA SEA BASS PRT SK-ON	BY/LB FRANCE TOOTHFISH	France / Wild	Longline MSC Only	258145	Y O M	LB
PATAGONIA SEA BASS**MSC** H&G	/LB FRANCE TOOTHFISH	France / Wild	Longline MSC Only	258130	Y O M	LB
PICKEREL FILLET FRESH	10 LB NET WEIGHT cs- CANADA	Canada / Wild	Bottom Gillnet	575680	Y O M	LB
PICKEREL FILLET IQF 454g	15/CS ONTARIO PUREPAC WALLEYE	Canada / Wild	Bottom Gillnet	575765	Y O M	EA
WHOLE PICKEREL	FRESH BY/LB	Canada / Wild	Bottom Gillnet	575821-BC	Y O M	LB
POMPANO WHOLE 1-2 LB	FRESH FLORIDA, USA	U.S.A. / Wild	Hook & Line, Seine	615760	Y O	LB
PORGIES SCALED & GUTTED	FRESH BY/LB HOUSECUT CERTIFIED	U.S.A. / Wild	Hook & Line	616405	Y	LB
PORGIES WHOLE LARGE	FRESH BOSTON, USA	U.S.A. / Wild	Hook & Line	616400	Y	LB
SALMON FAIRCRAFT WHOLE PEI	8-12LB SIZE FRESH 40LB CS TW	Canada / Farmed	Land-based	660765	G O	LB
SALMON FAIRCRAFT *SCALED*	FRESH BY/LB GUTTED PEI	Canada / Farmed	Land-based	660766	G O	LB
SALMON FAIRCRAFT FILLET PBO	FRESH BY/LB TRIM D PEI FARM	Canada / Farmed	Land-based	661745	G O	LB
SALMON FAIRCRAFT PORTIONS PEI	FRESH BY/LB CANADA OCEAN WISE	Canada / Farmed	Land-based	661748	G O	LB
SALMON WHL KUTERRA 6-10 LB	30LB TW FRESH ATL B.C. FARM	Canada / Farmed	Land-based	660760	G O	LB
SALMON WHL KUTERRA *SCALED*	FRESH BY/LB TW BC SCALED FARM	Canada / Farmed	Land-based	660761	G O	LB
SALMON KUTERA FILLET HOUSECUT	FRESH BY/LB B.C. FARMED ATL.	Canada / Farmed	Land-based	661740	G O	LB
SALMON ATL BLUE CIRCLE WHL	CS 55 LB TW 5-6KG NORWAY	Norway / Farmed	Open Net	660770	Y O	LB
SALMON ATL BLUE CIRCLE *S*	BY/LB *SCALED* NORWAY	Norway / Farmed	Open Net	660772	Y O	LB
SALMON ATL BLUE CIRCLE FILLETS	BY/LB HOUSECUT NORWAY	Norway / Farmed	Open Net	661750	Y O	LB
SALMON BLUE CIRCLE PORTIONS	BY/LB HOUSECUT NORWAY	Norway / Farmed	Open Net	661753	Y O	LB
SALMON ANTARCTIC FILLETS 10 LB	FRESH TW CS SIXTY SOUTH	Chile / Farmed	Open Net	662030	Y A	LB
SALMON **MSC** COHO *SCALED*	FRESH WILD USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	664130	G O M	LB
SALMON **MSC** COHO FILLETS	FRESH *WILD* USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	664247	G O M	LB
SALMON **MSC** COHO WHOLE WILD	FRESH 55 LB/TW USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	664125	G O M	LB
SALMON **MSC** KETA *SCALED*	FRESH WILD USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	665695	G O M	LB
SALMON **MSC** KETA FILLETS	FRESH *WILD* BC MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	665710	G O M	LB
SALMON **MSC** KETA WHOLE WILD	FRESH 55LB/TW USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	665690	G O M	LB
SALMON **MSC** SOCKEYE *SCALED*	FRESH WILD USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	665845	G O M	LB
SALMON **MSC** SOCKEYE FILLETS	FRESH *WILD*	Canada / Wild	Troll/Pole, Gill Nets	666050	Y O M	LB
SALMON **MSC** SOCKEYE WHOLE	FRESH 55 LB/TW USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	665885	G O M	LB
SALMON *MSC* COHO PORT 6-8oz	IVP 10 LB CASE USA MSC-C-51042	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	666450	G O M	LB
SALMON *WILD* SPRING FILLET	SKIN-ON PBO*WILD* CANADA	Canada / Wild	Troll/Pole, Gill Nets	666440	Y O	LB

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# SUSTAINABLE FISH & SEAFOOD

		Origin/Wild or Farmed	Harvest/Catch Method	Item No.	Green SeaChoice Yellow SeaChoice Ocean Wise MSC/ASC Certified	UM
SALMON COHO 4 UP *WILD*	FRESH WHOLE 55 LB/TW CANADA	Canada / Wild	Troll/Pole, Gill Nets	664121	Y O	LB
SALMON COHO 4 UP WHOLE *S*	FRESH *WILD* **SCALED**	Canada / Wild	Troll/Pole, Gill Nets	664080	Y O	LB
SALMON COHO FIL *WILD*	FRESH USA HOUSECUT CERT.	U.S.A. / Wild	Troll/Pole, Gill Nets	664200	G O	LB
SALMON COHO FIL *WILD*	FRESH USA HOUSECUT CERT.	U.S.A. / Wild	Troll/Pole, Gill Nets	664200	G O	LB
SALMON COHO FIL 2-3 SOBL WILD	30 LB TROLL-CANADA MSC-C-51042	U.S.A. / Wild	Troll/Pole, Gill Nets	664455	G O	LB
SALMON COHO FIL IVP RAW MSC	22.05 LB CASE NANUK BC W116	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	666445	G O	LB
SALMON COHO PORTION 6oz SKLS	IVP 26pc/cs ALASKA MSC-C-51042	Canada / Wild	Troll/Pole, Gill Nets	664371	Y O	EA
SALMON COHO STEAKS *WILD*	FRESH T/W *HOUSECUT CERTIFIED	Canada / Wild	Troll/Pole, Gill Nets	664255	Y O	LB
SALMON ORA KING 7.5oz PT SK-ON	21 PCS/CS 10LB NEW ZEALAND	New Zealand / Farm	Open Net	666465	Y O	EA
SALMON RED SPRING *WILD* 7/18	FRESH WHOLE 55 LB/TW CANADA	U.S.A. / Wild	Troll/Pole, Gill Nets	665401	G O	LB
SALMON RED SPRING WILD *S*	FRESH *WILD* **SCALED**	Canada / Wild	Troll/Pole, Gill Nets	665440	Y O	LB
SALMON SOCKEYE *SCALED*	FRESH *WILD* 4-LB SIZE T/W	Canada / Wild	Troll/Pole, Gill Nets	665840	Y O	LB
SALMON SOCKEYE *WILD* WHOLE	FRESH 4-9LB 55LB T/W USA/CAN	Canada / Wild	Troll/Pole, Gill Nets	665881	Y O	LB
SALMON SOCKEYE 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Troll/Pole, Gill Nets	666092	Y O M	EA
SALMON SOCKEYE 6oz SKLS 66pc	CS IVP 66pc/CS CHINA MSC	Alaska, U.S.A./Wild	Troll/Pole, Gill Nets	666085	O M	EA
SALMON SOCKEYE 6oz SK-ON 26pc	CS IVP 26pc/CS USA MSC-C-51042	U.S.A. / Wild	Troll/Pole, Gill Nets	666103	Y O M	EA
SALMON SOCKEYE 5oz SKLS 32pc	CS IVP 66pc/CS CHINA MSC	U.S.A. / Wild	Troll/Pole, Gill Nets	666086	Y O M	EA
SALMON SOCKEYE 4oz SK-ON 40pc	CS IVP 38-42pc/CS USA MSC	U.S.A. / Wild	Troll/Pole, Gill Nets	666105	Y O M	EA
SALMON SOCKEYE FIL 1-3LB *WF	FZ 25 LB SKIN-ON VP CANADA	Canada / Wild	Troll/Pole, Gill Nets	666005	Y O M	LB
SALMON SOCKEYE FIL 1-3LB USA	FZ 25 LB SKIN-ON VP PBO	U.S.A. / Wild	Troll/Pole, Gill Nets	666006	Y O M	LB
SALMON SOCKEYE FIL 2-3LB NANUK	FZ 22.05LB SKIN-ON VP CAN W105	Canada / Wild	Troll/Pole, Gill Nets	665921	Y O M	LB
SALMON SOCKEYE FIL 1-3LB JS	FZ 20LB IVP JOHNSTONE STRAIT	U.S.A. / Wild	Troll/Pole, Gill Nets	666010	G O M	LB
SALTED HERRING FRESH	20 LB PAIL IN BRINE	Canada / Wild	Purse Seine	421441	G O	LB
SCALLOPS U-10 ** DRY ** TUBS	FRESH 8 LB WYSE BAY ATL USA	U.S.A. / Wild	Dredging	677121	Y M	LB
SCALLOPS 10-20 ** DRY ** TUBS	FRESH 8 LB WYSE BAY ATL USA	U.S.A. / Wild	Dredging	677161	Y M	LB
SCALLOPS 10-20ct Peru 20x454g	OceanPrime - HC	Peru / Farmed	Off-bottom Culture	677720	G O	LB
SCALLOPS 20-30ct Dry*OW* 2x5LB	Ocean Wise OLIVIA Peru	Peru / Farmed	Off-bottom Culture	677804	G O	LB
SCALLOPS 20-30ct PERU 6X5 LB	#1 DRY - OceanPrime	Peru / Farmed	Off-bottom Culture	677840	G O	LB
SCALLOPS 40/60ct *OW* 2x5LB	Ocean Wise - PERU OLIVIA	Peru / Farmed	Off-bottom Culture	678020	G O	LB
SCALLOPS 60-90ct 20x454g	OceanPrime - PRINTED STAND UP	Japan / Farmed	Off-bottom Culture	678080	Y O	LB
SCALLOPS 08-10 HOKKAIDO 20X1LB	CS #1 SASHIMI OCEANPRIME JAPAN	China / Farmed	Dredging	677370	O	LB
SCALLOPS 08-10 HOKKAIDO 6x5LB	CS #1 SASHIMI CLEAROCEAN JAPAN	China / Farmed	Dredging	677400	O	LB
SCALLOPS 14-16 HOKKAIDO 6x5LB	CS #1 SASHIMI CLEAROCEAN JAPAN	China / Farmed	Dredging	677480	O	LB
SCALLOPS 14-16 HOKKAIDO 24X1LB	CS #1 SASHIMI OCEANPRIME JAPAN	China / Farmed	Dredging	677760	O	LB
SEA BREAM 400-600g WHOLE CS	FRESH 22.05 LB CS ORATA GREECE	Greece / Farmed	Net Pens	184081	Y	LB
SEA BREAM FILLETS EURO.	FRESH 100-125G ORATA GREECE	Greece / Farmed	Net Pens	184160	Y	LB
SEA URCHIN ROE *UNI*	EACH *FROZEN* 200g	Canada / Wild	Diver Caught	684660	G O	EA
SHRIMP PDTON 08-12*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705000	G O A	EA
SHRIMP PDTON 13-15 SELVA BT	20x1 LB CS BLACK TIGER VIETNAM	Vietnam / Farmed	Land-based Mangroves	705140	G O	LB
SHRIMP PDTON 13-15*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705210	G O A	EA
SHRIMP PDTON 16-20 SELVA BT	10X2LB CASE BLACK TIGER	Vietnam / Farmed	Land-based Mangroves	705340	G O	LB
SHRIMP PDTON 16-20*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705220	G O A	EA
SHRIMP PDTON 21-25*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705230	G O A	EA
SHRIMP PDTON 26-30*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705640	G O A	EA
SHRIMP PDTON 31-40 SELVA BT	20X454 CS VIETNAM BLACK TIGER	Vietnam / Farmed	Land-based Mangroves	706250	G O	LB
SHRIMP PDTON 31-40*BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	705250	G O A	EA
SHRIMP SELVA COOKED 31/40ct	20X454g CASE T-ON VIETNAM	Vietnam / Farmed	Land-based Mangroves	703110	G O	LB
SHRIMP SO 16-20 WT* 20x454g	USA OCEAN WISE	U.S.A. / Farmed	Land-based	699664	Y	LB
SHRIMP SO 16-20 WT* 4x5LB	Farm SUSTAINABLE GREEN USA	U.S.A. / Farmed	Land-based	699660	G O	LB
SHRIMP SO 16-20 WILD 20x454g	Wild USA SUSTAINABLE YELLOW	U.S.A. / Wild	Trawl	699670	Y	LB
SHRIMP SO 26-30 WT 20x454g	Wild USA SUSTAINABLE YELLOW	U.S.A. / Farmed	Land-based	700255	Y	LB
SHRIMP SO 26-30 WT 4x5LB	Farm SUSTAINABLE GREEN USA	U.S.A. / Farmed	Land-based	700250	G O	LB
SHRIMP SOEP 02-4 GT/FW 20x454g	DEEP CUT OCEANPRIME BANGLADESH	Asia / Farmed	Ponds	698530	Y	LB

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SHRIMP SOEP 04-6 GT/FW 20x454g	DEEP CUT OCEANPRIME BANGLADESH	Asia / Farmed	Ponds	698590	Y			LB
SHRIMP SOEP 08-12 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	699040	G	O	A	EA
SHRIMP SOEP 16-20 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	699510	G	O	A	EA
SHRIMP SOEP 16-20 *BT SELVA	CS 20x454g BLACK TIGER VIETNAM	Vietnam / Farmed	Land-based Mangroves	699482	G	O		LB
SHRIMP SOEP 26-30 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	699740	G	O	A	EA
SHRIMP SOEP 26-30 *BT SELVA	20x454g CASE VIETNAM	Vietnam / Farmed	Land-based Mangroves	699685	G	O		LB
SHRIMP SOEP 31-40 *BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	700210	G	O	A	EA
SHRIMP SOEP 31-40 *BT SELVA	20x454g CASE VIETNAM	Vietnam / Farmed	Land-based Mangroves	700290	G	O		LB
SHRIMP SPOT PRAWN TAILS 1 LB	33x454g FROZEN WILD B.C.*RAW*	Canada / Wild	Trap	684105	G	O		LB
SHRIMP HEAD-ON SPOT PRAWNS	BY/LB WILD PROD. OF B.C.	Canada / Wild	Trap	684106	G	O		LB
SHRIMP SIDESTRIPE BC WILD	33x11LB FRZ TUB CANADA	Canada / Wild	Trap	684101	G	O		LB
SHRIMP FRESH LAUGHING BIRD	8 LB TUB P&D T-OFF 51-70ct	Costa Rica / Farmed	Controlled Farm	708850	Y	O		LB
SHRIMP CKD-HO-PRAWNS 11.02LB	90-120/150 MSC MERSEY Canadian	Canada / Wild	Trawl	703800	Y	O		LB
SHRIMP CPTON 21-25 BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	702760	G	O	A	EA
SHRIMP CPTON 26-30 BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	703120	G	O	A	EA
SHRIMP CPTON 31-40 BT ASC Case	20x340g OCEANPRIME VIETNAM	Vietnam / Farmed	ASC Certified Ponds	703130	G	O	A	EA
SHRIMP CPTOFF 125-175 20x11LB	COLDWATER MSC-C-51042 CANADA	Canada / Wild	Trawl	701962	G	O	M	EA
SHRIMP CPTOFF 250-350ct 4x5LB	OREGON MSC-C-51042 PINK WILD	Oregon, U.S.A./Wild	Trawl	701975	G	O	M	LB
SMOKED BLACK COD **FRESH**	CENTRAL *NET WEIGHT*T/W	Canada / Wild	Bottom Longline/Trap	712440	G	O		LB
SMOKED BLACK COD FROZEN	CASE 20x200g CANADA WCS	Canada / Wild	Bottom Longline/Trap	712450	G	O		EA
SMOKED HALIBUT 200g	FROZEN 20/CS WCS	Canada / Wild	Bottom Longline	712740	Y	O		EA
SMOKED HERRING FIL - DIGBY'S	10 LB	Canada / Wild	Purse Seine	712600	G	O		CS
SMOKED HERRING FILLET PLAIN	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Purse Seine	712810	G	O		LB
SMOKED HERRING WHOLE GOLDEN	1X18 LB * HEAVY-SMOKED *	Canada / Wild	Purse Seine	712760	G	O		LB
SMOKED HERRING WHOLE PLAIN	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Purse Seine	712805	G	O		LB
SMOKED INDIAN CANDY WILD 227g	FROZEN 20/CS WCS FIC227-WC	Canada / Wild	Gill Net / Troll	713962	Y	O		EA
SMOKED KIPPER W-BUTTER WILD	MERSEY POINT 24X170g BOIL/BAG	Canada / Wild	Purse Seine	712840	G	O		EA
SMOKED MACKEREL FIL 5LB PEPPER	CASE BOS SMOKED FISH	Canada / Wild	Gill Net	712962	G	O		LB
SMOKED MACKEREL FIL LEMON/DILL	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	712974	G	O		LB
SMOKED MACKEREL FIL NATURAL 5	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	712967	G	O		LB
SMOKED MACKEREL FIL SPICED	10 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	712960	G	O		LB
SMOKED MACKEREL FILLET CAJUN	5 LB BOS SMOKED FISH CANADA	Canada / Wild	Gill Net	712971	G	O		LB
SMOKED MACKEREL WHOLE	5 LB BOS HOT SMOKED CANADA	Canada / Wild	Gill Net	712965	G	O		LB
SMOKED SALMON SOCKEYE 500g	NANUK 10X500 G W432 PSS	Canada / Wild	Gill Net / Troll	713760	Y	O		EA
SMOKED SALMON SOCKEYE 715g	NANUK 7X715 GR W430	Canada / Wild	Gill Net / Troll	713800	Y	O		EA
SMOKED SALMON SOCKEYE 85g	NANUK 30X85 GR W414 PSS CANADA	Canada / Wild	Gill Net / Troll	713680	Y	O		EA
SMOKED SALMON SOXI TRIMMINGS	CS FRZ 20x454g WILD WCS FLT-WC	Canada / Wild	Gill Net / Troll	714005	Y	O		EA
SMOKED SOCKEYE 200g *AIR PERM*	20/CS CANADA WCS	Canada / Wild	Gill Net / Troll	714368	Y	O		EA
SMOKED SOCKEYE CHAMPAGNE 200g	FROZEN 20/CS CANADA WCS	Canada / Wild	Gill Net / Troll	714378	Y	O		EA
SMOKED SOCKEYE LIMONCELLO	FROZEN 20x200g CANADA WCS	Canada / Wild	Gill Net / Troll	714385	Y	O		EA
SMOKED SOCKEYE LOX 200g	FROZEN 20/CS CANADA WCS	Canada / Wild	Gill Net / Troll	713705	Y	O		EA
SMOKED SOCKEYE LOX 85g	FROZEN 50/CS CANADA WCS	Canada / Wild	Gill Net / Troll	713700	Y	O		EA
SMOKED SOCKEYE LOX 85g *AP*	50/CS *AIR PERM* CANADA WCS	Canada / Wild	Gill Net / Troll	713702	Y	O		EA
SMOKED SOCKEYE NUGGETS *1KG*	MAPLE 5/CASE CANADA WCS	Canada / Wild	Gill Net / Troll	712973	Y	O		EA
SMOKED SOCKEYE SALMON 36g C/C	2x2.5 KG FOODSERVICE WCS	Canada / Wild	Gill Net / Troll	713630	Y	O		KG
SMOKED SOCKEYE STRIPS 227g	20/CS DBL SMKD WCS FSSTR227-WC	Canada / Wild	Gill Net / Troll	713707	Y	O		EA
SMOKED SOCKEYE WHISKEY 200g	20/CS JACK DANIEL'S CANADA WCS	Canada / Wild	Gill Net / Troll	714381	Y	O		EA
SMOKED STURGEON SLICED 100g	20/CS NB ACADIAN STRUG.	N.B. / Farmed	Land-based	714210		O		EA
SMOKED STURGEON PATE 200g	12/CS NB ACADIAN STURG.	N.B. / Farmed	Land-based	714215		O		EA
SNAPPER AMERICAN RED 1-2	FRESH USA	U.S.A. / Wild	Hook & Line	715600	Y			LB
SNAPPER AMERICAN RED 2-4	FRESH TRINIDAD	U.S.A. / Wild	Hook & Line	715720	Y			LB
SNAPPER B.LINER 1-2/LB WHOLE	FRESH BY/LB CS- USA	U.S.A. / Wild	Hook & Line	715920	Y			LB
SNAPPER B.LINER 2-4	FRESH XLBL USA	U.S.A. / Wild	Hook & Line	716000	Y			LB

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SNAPPER FIL 4-8oz B.LINER	FRESH NET WEIGHT FLORIDA USA	U.S.A. / Wild	Hook & Line	716200	Y	LB
SNAPPER FIL 8oz/UP B.LINER	FRESH NET WEIGHT FLORIDA USA	U.S.A. / Wild	Hook & Line	716240	Y	LB
SNAPPER FIL BC 2-4oz SKLS 10LB	IQF ROCKFISH	Canada / Wild	Trawl	125755	Y	LB
SNAPPER FIL BC 6-8oz SKLS 10LB	IQF ROCKFISH - McMILLAN	Canada / Wild	Trawl	125800	Y	LB
SNAPPER FIL BC 8-10ozSKLS 10LB	IQF ROCKFISH - McMILLAN	Canada / Wild	Trawl	125805	Y	LB
SNAPPER FIL PACIFIC BONED 10LB	FRESH ROCKFISH CANADA	Canada / Wild	Trawl	716280	Y	LB
SNAPPER PINK U-1 LB	FRESH USA	U.S.A. / Wild	Hook & Line	716720	Y	LB
SNAPPER WHL B.LINER 1-2LB*S/G*	FRESH SCALED GW FLORIDA USA	U.S.A. / Wild	Hook & Line	716880	Y	LB
SNAPPER WHL B.LINER 2-4LB*S/G*	FRESH SCALED GW FLORIDA USA	U.S.A. / Wild	Hook & Line	716920	Y	LB
SNAPPER WHOLE PINK *S/G*	FRESH SCALED GW USA	U.S.A. / Wild	Hook & Line	716980	Y	LB
SOCKEYE SALMON FILLETS	FRESH *WILD* USA	Canada / Wild	Troll/Pole, Gill Nets	666040	Y O	LB
SOCKEYE SALMON FILLETS	FRESH *WILD* USA	Canada / Wild	Troll/Pole, Gill Nets	666040	Y O	LB
SOLE FIL FRESH WEST CST cs-	DOVER/ROCK 10 LB CANADA	Canada / Wild	Trawl	723000	Y	LB
SQUID STEAKS HUMBOLDT 4-5oz	6x5 LB PERU OCEAN WISE BOS'N	Peru / Wild	Jig	742100	Y O	LB
SQUID CLEAN T&T 4-6" WILD USA	FRZ 10X2.5LB USA YELLOW CHC*WF	U.S.A. / Wild	Bottom Trawl	742090	Y	LB
SQUID TUBE OCEAN WISE 12x680g	U-10 JIG OCEANPRIME CHINA	Sea of Japan / Wild	Jig	743647	G O	EA
SQUID RINGS OCEAN WISE 12x680g	10-12mm 3-7cm JIG CAUGHT CHINA	Sea of Japan / Wild	Jig	743010	G O	EA
STRIPED BASS 1.5-2 LB FARMED	FRESH WHOLE MEDIUM 50 LB	U.S.A. / Farmed	Land-based	763040	G O	LB
STRIPED BASS 1.5-2.5LB *S*	FRESH SCALED & GUTTED FARMED	U.S.A. / Farmed	Land-based	763080	G O	LB
STRIPED BASS FILLET FARMED	FRESH NW HOUSECUT CERT. USA	U.S.A. / Farmed	Land-based	763360	G O	LB
STURGEON FILLETS SK-ON FARM	TW CS 2-4KG N.B. ACADIAN STURG	N.B. / Farmed	Land-based	764245	O	LB
STURGEON LOINS BC FRESH/FROZEN	BY/LB NORTHERN DIVINE FARMED	B.C. / Farmed	Land-based	764230-bc	G O	LB
SWORDFISH *MSC* LOINS FRESH	BY/LB ATL CANADA MSC-C-51042	Canada / Wild	Harpoon	767406	G O	LB
TILAPIA FIL ** ALL NATURAL **	FRESH 10 LB ECUADOR	Ecuador / Farmed	Land-based	786280	G O	LB
TILAPIA FIL 4-6 oz	FRESH 10LB ECUADOR OCEAN WISE	Ecuador / Farmed	Land-based	785960	G O	LB
TILAPIA FIL 5-7 oz	FRESH 10LB ECUADOR OCEAN WISE	Ecuador / Farmed	Land-based	786040	G O	LB
TILAPIA FIL 7-9 OZ**	FRESH 10LB ECUADOR OCEAN WISE	Ecuador / Farmed	Land-based	786120	G O	LB
TROUT LAKE WHOLE DRSSD 2-4 LB	FRESH 50 LB PROD. OF ONTARIO	L. Huron, Can / Wild	Gill Net	818240	Y O	LB
TROUT LAKE FILLET WILD	FRESH NW HOUSECUT ONTARIO	L. Huron, Can / Wild	Gill Net	818280	Y O	LB
TROUT RAINBOW *SKINLESS* FILL	FRESH 10 LB	Canada / Farmed	Open Cage	818480	Y	LB
TROUT RAINBOW 5oz PRT SKINLESS	FRESH 10LB PBO ONTARIO	Canada / Farmed	Open Cage	818940	Y	LB
TROUT RAINBOW DRESSED 10 LB	CASE FRESH WHOLE ONTARIO	Canada / Farmed	Open Cage	818720	Y	LB
TROUT RAINBOW FILLET	FRESH 10 LB PBO ONTARIO	Canada / Farmed	Open Cage	818920	Y	LB
TROUT RAINBOW FIL OCEAN WISE	FRESH 10LB ONTARIO	Canada / Farmed	Closed Containment	818150	G O	LB
TROUT STEELHEAD LOIS LAKE FLT	10 LB T/W 1-3LB Size FARM BC	Philippines / Wild	Semi-closed Floating Tanks	818203	O	LB
TUNA ALBACORE 340g IVP	10/CASE HOUSECUT RETAIL CANADA	Canada / Wild	Troll/Pole	821820	G O	EA
TUNA ALBACORE BELLY TORRO	5 KG/CASE	Canada / Wild	Troll/Pole	821785	G O	LB
TUNA ALBACORE LOINS IQF Y131	5KG/11.02 LBS VAC PACK CANADA	Canada / Wild	Troll/Pole	821780	G O	LB
TUNA LOIN *ALBACORE* FRESH	NW OREGON HOUSECUT MSC-C-51042	Canada/USA / Wild	Troll/Pole	821775	G O	LB
TUNA LOIN FRESH	NW YELLOWFIN PHILIPPINES	Philippines / Wild	Single Hook, Handline	821760	Y O	LB
TUNA LOIN CENTRE CUT	FRESH NW YELLOWFIN PHILIPPINES	Philippines / Wild	Single Hook, Handline	821720	Y O	LB
TUNA *B.L.O.* LOIN *SKIN-ON*	FRESH NW YELLOWFIN PHILIPPINES	Philippines / Wild	Single Hook, Handline	821763	Y O	LB
TUNA S/L *B.L.O. LOIN SKINLESS	FRESH NW YELLOWFIN PHILIPPINES	Philippines / Wild	Single Hook, Handline	821730	Y O	LB
TUNA PORTIONS SKINLESS	FRESH NW YELLOWFIN PHILIPPINES	Indonesia / Wild	Single Hook, Handline	821765	Y O	LB
TUNA SAKU 568g(2x10oz)	FROZEN PORTIONS V-P	Vietnam / Wild	Handline Caught	821840	Y O	BG
TUNA SAKU 8oz PRTN 10 LB #1	CASE IQF SEA DELIGHT VIETNAM	Indonesia / Wild	Handline Caught	822761	Y O	LB
TUNA SAKU 10oz PRTN 10 LB #1	CASE IQF ANOVA INDONESIA	Indonesia / Wild	Handline Caught	822765	Y O	LB
TUNA SAKU LOINS 3-5 LB *CC*	15LB CS IVP ANOVA YELLOWFIN	Philippines / Wild	Handline Caught	822770	Y O	LB
WHITEFISH DRESSED *S*	FRESH SCALED NW HOUSECUT CERT.	Lake Superior/Huron	Trap Net	858565	Y O	LB
WHITEFISH DRESSED MEDIUM	FRESH 50 LB CASE CANADA	Lake Superior/Huron	Trap Net	858561	Y O	LB
WHITEFISH FILLET MEDIUM	FRESH NW CANADA HOUSECUT CERT.	Lake Superior/Huron	Trap Net	858640	Y O	LB
YELLOW PERCH LAKE FILLET	FRESH 10 LB CASE	Lake Erie / Wild	Gill Net	574081	Y O	LB
YELLOW PERCH LAKE IQF 340g	16/CASE ONTARIO PUREPAC	Lake Erie / Wild	Gill Net	574085	Y O	EA

Prices as of 9/27/2017 - F.O.B. Toronto - Products are subject to availability. Prices are subject to market conditions. E. and O.E.

This is a summarized list of sustainable seafood options.

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