



A FRESH CATCH SINCE 1987®



FRESH IN SEASON CHART

Available

Limited Supply

Not Available

Seacore Seafood Inc. | 81 Aviva Park Drive, Woodbridge, ON L4L 9C1 | Tel. 905.856.6222 | 1.800.563.6222 | Fax. 905.856.9445 | orders@seacore.ca

FRESH Product	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Amberjack												
Amberines												
Anchovies												
Arctic Char, Farmed												
Arctic Char, Wild												
Belt Fish												
Black Bass												
Black Cod /Sablefish - Wild												
Bluefish												
Blue Runner												
Bonita												
Butter Fish												
Catfish, Farmed												
Chiller / Sennett												
Chilean Sea Bass, Patagonian Toothfish *PF												
Clams, Cherrystone												
Clams, Littleneck												
Clams, Manila - Farmed												
Clams, Pasta - Farmed												
Cobia, Farmed												
Cod, Atlantic												
Cod, Pacific Fresh												
Corvina												
Crab, Blue *Live												
Crab, Dungeness *Live												
Crab, King Gold/Brown *Live												
Crab, King Red *Live												
Crab, Snow *Live												
Crab, Soft Shell *Live												
Crab, Stone - Florida Claws												

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Croaker												
Doctor Fish												
Eel, Conga												
Escolar												
Flounder, Atlantic				Available	Available	Available	Available	Available				
Fluke/Lemon Sole				Available	Available	Available	Available	Available				
Goat Fish												
Grouper, Black					Available	Available	Available	Available	Available			
Grouper, Red					Available	Available	Available	Available	Available			
Grouper, Scampi					Available	Available	Available	Available	Available			
Grouper, Snowy					Available	Available	Available	Available	Available			
Grouper, Strawberry					Available	Available	Available	Available	Available			
Grouper, Warsaw					Available	Available	Available	Available	Available			
Grouper, Yellow Edge					Available	Available	Available	Available	Available			
Grunts, Black Snapper												
Haddock, Canadian, Icelandic	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Halibut, Atlantic												
Halibut, Pacific			Available	Available	Available	Available	Available	Available	Available	Available	Available	
Kingfish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Lake Perch, Yellow		Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	
Lobster, Canadian Hard Shell	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Mackerel, Atlantic						Available	Available	Available	Available	Available	Available	
Mackerel, Spanish		Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	
Mahi Mahi	Available	Available	Available	Available					Available	Available	Available	Available
Margarate, Jolt Heads												
Marlin, Blue	Available	Available	Available	Available	Available	Available	Available	Available				Available
Moon Fish												
Monkfish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Monkfish Liver	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Mullet, Black	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available

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Mullets, Red	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Mussels, New Zealand *Live	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Mussels, PEI	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Opah	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Oysters West Coast	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available
Oysters, East Coast	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Available	Available	Available	Available	Available
Pacific Snapper / Rockfish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Parrot Fish	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Pickrel / Walleye	Limited Supply	Limited Supply	Available	Available	Available	Available	Available	Limited Supply	Available	Available	Available	Limited Supply
Plaice, Icelandic	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Pollock/Alaskan	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Pollock/Boston Blue	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Pompano	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Porgy	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply
Prawns, Spot - *Live BC	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Redfish	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Salmon, Atlantic - Farmed	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Salmon, Coho - Farmed	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Salmon, Coho - Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply
Salmon, Keta/Chum - Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Salmon, Pink - Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply
Salmon, Red Spring/King/Chinook - Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply
Salmon, Sockeye - Wild	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Limited Supply	Available	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply
Sardines	Available	Available	Limited Supply	Limited Supply	Available	Available	Available	Available	Available	Available	Available	Available
Scallops, Bay	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Scallops, Sea	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sea Bass, European Branzini	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sea Bream, European Orata	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Sea Urchin, Uni, Live	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available	Available
Skate	Limited Supply	Limited Supply	Available	Available	Available	Available	Available	Available	Available	Limited Supply	Limited Supply	Limited Supply

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Smelts, Lake												
Smelts, Sea												
Snapper, American Red												
Snapper, B. Liner												
Snapper, Lanes												
Snapper, Pink												
Sole, Pacific - Dover, Rock, Petrale												
Striped Bass, Wild												
Striped Bass, Farmed												
Sturgeon, Farmed												
Swordfish												
Tilapia, Farmed												
Tilefish												
Trout, Lake Wild												
Trout, Rainbow Farmed												
Tuna, Albacore												
Tuna, Yellowfin												
Turbot												
Whitefish, Lake												
Whiting/Hake												
Wolffish - Lup de Mer												
Wreckfish												
Winkles												

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